





I created Stronghold Bakery to change how people see bread.

Bread shouldn't be something you fear. The real issue isn't bread it's what's hidden inside it. That's why we make 100% whole wheat bread and choose to be fully transparent about our ingredients and nutrition facts.

We don't treat our recipes as secrets, because we believe caring about customers means being honest with them. When people understand what they eat, food becomes a source of strength not guilt.

Stronghold Bakery is more than bread.
It's a commitment to better choices, made with integrity.

Hold the strength. Own the day.

JAKARTA, INDONESIA

i'm kelvin

founder of  STRONGHOLD



**HOLD
THE STRENGTH
OWN THE DAYS**

DISH LINEUP

2026



ARTISANS *of* STRENGTH

- SMOKED BEEF PAPRIKA SUPREME
- VANILLA NUT & BERRY
- DARK CHOCO BERRY
- MATCHA NOIR BABKA
- POTATO CORN CHEESE MELT





DARK CHOCO BERRY



NET WEIGHT 90 g

INFORMASI NILAI GIZI / *NUTRITION INFORMATION*

Takaran Saji / *Serving Size* 90 g
1 Sajian per Kemasan / *Serving per Package*

JUMLAH PER SAJIAN / *AMOUNT PER SERVING*

Energi Total / <i>Total Energy</i>	320 kkal / <i>kcal</i>	
	%AKG* / %DV*	
Lemak Total / <i>Total Fat</i>	9 g	13%
Kolesterol / <i>Cholesterol</i>	0 mg	
Lemak Jenuh / <i>Saturated Fat</i>	2.5 g	11%
Protein / <i>Protein</i>	6 g	10%
Karbohidrat Total / <i>Total Carbohydrate</i>	54 g	17%
Serat Pangan / <i>Dietary Fiber</i>	3 g	10%
Gula / <i>Sugar</i>	4 g	
Garam (Natrium) / <i>Salt (Sodium)</i>	30 mg	2%

*Persen AKG berdasarkan kebutuhan energi 2150 kkal. Kebutuhan energi anda mungkin lebih tinggi atau lebih rendah.

**Percent Daily Value is based on 2,150 kcal diet. Your Daily Values may be higher or lower.*



VANILLA NUT & BERRY



NET WEIGHT 80 g

INFORMASI NILAI GIZI / *NUTRITION INFORMATION*

Takaran Saji / *Serving Size* 80 g
1 Sajian per Kemasan / *Serving per Package*

JUMLAH PER SAJIAN / *AMOUNT PER SERVING*

Energi Total / <i>Total Energy</i>		280 kkal / <i>kcal</i>
		%AKG* / %DV*
Lemak Total / <i>Total Fat</i>	8 g	12%
Kolesterol / <i>Cholesterol</i>	0 mg	
Lemak Jenuh / <i>Saturated Fat</i>	2 g	10%
Protein / <i>Protein</i>	7 g	12%
Karbohidrat Total / <i>Total Carbohydrate</i>	45 g	14%
Serat Pangan / <i>Dietary Fiber</i>	3 g	11%
Gula / <i>Sugar</i>	7 g	
Garam (Natrium) / <i>Salt (Sodium)</i>	0 mg	0%

*Persen AKG berdasarkan kebutuhan energi 2150 kkal. Kebutuhan energi anda mungkin lebih tinggi atau lebih rendah.

*Percent Daily Value is based on 2,150 kcal diet. Your Daily Values may be higher or lower.



POP CORN CHEESE MELT



38K

NET WEIGHT 80 g

INFORMASI NILAI GIZI / *NUTRITION INFORMATION*

Takaran Saji / *Serving Size* 90 g
1 Sajian per Kemasan / *Serving per Package*

JUMLAH PER SAJIAN / *AMOUNT PER SERVING*

Energi Total / <i>Total Energy</i>		230 kkal / <i>kcal</i>
		%AKG* / %DV*
Lemak Total / <i>Total Fat</i>	7 g	10%
Kolesterol / <i>Cholesterol</i>	3 mg	
Lemak Jenuh / <i>Saturated Fat</i>	3 g	14%
Protein / <i>Protein</i>	7 g	11%
Karbohidrat Total / <i>Total Carbohydrate</i>	35 g	11%
Serat Pangan / <i>Dietary Fiber</i>	2 g	8%
Gula / <i>Sugar</i>	3 g	
Garam (Natrium) / <i>Salt (Sodium)</i>	65 mg	4%

*Persen AKG berdasarkan kebutuhan energi 2150 kkal. Kebutuhan energi anda mungkin lebih tinggi atau lebih rendah.

*Percent Daily Value is based on 2,150 kcal diet. Your Daily Values may be higher or lower.



MATCHA NOIR BABKA



38K

NET WEIGHT 100 g

INFORMASI NILAI GIZI / *NUTRITION INFORMATION*

Takaran Saji / *Serving Size* 100 g
1 Sajian per Kemasan / *Serving per Package*

JUMLAH PER SAJIAN / *AMOUNT PER SERVING*

Energi Total / <i>Total Energy</i>	390 kkal / <i>kcal</i>	
	%AKG* / %DV*	
Lemak Total / <i>Total Fat</i>	16 g	24%
Kolesterol / <i>Cholesterol</i>	0 mg	
Lemak Jenuh / <i>Saturated Fat</i>	3.5 g	19%
Protein / <i>Protein</i>	8 g	14%
Karbohidrat Total / <i>Total Carbohydrate</i>	54 g	17%
Serat Pangan / <i>Dietary Fiber</i>	4 g	13%
Gula / <i>Sugar</i>	9 g	
Garam (Natrium) / <i>Salt (Sodium)</i>	20 mg	1%

*Persen AKG berdasarkan kebutuhan energi 2150 kkal. Kebutuhan energi anda mungkin lebih tinggi atau lebih rendah.

*Percent Daily Value is based on 2,150 kcal diet. Your Daily Values may be higher or lower.



SMOKED BEEF PAPRIKA SUPREME



38K

NET WEIGHT 120 g

INFORMASI NILAI GIZI / NUTRITION INFORMATION

Takaran Saji / Serving Size 100 g
1 Sajian per Kemasan / Serving per Package

JUMLAH PER SAJIAN / AMOUNT PER SERVING		
Energi Total / Total Energy		250 kkal / kcal
	%AKG*/%DV*	
Lemak Total / Total Fat	8 g	13%
Kolesterol / Cholesterol	5 mg	
Lemak Jenuh / Saturated Fat	3.5 g	18%
Protein / Protein	11 g	18%
Karbohidrat Total / Total Carbohydrate	31 g	10%
Serat Pangan / Dietary Fiber	5 g	17%
Gula / Sugar	3 g	
Garam (Natrium) / Salt (Sodium)	210 mg	14%

*Persen AKG berdasarkan kebutuhan energi 2150 kkal. Kebutuhan energi anda mungkin lebih tinggi atau lebih rendah.
*Percent Daily Value is based on 2,150 kcal diet. Your Daily Values may be higher or lower.

WHOLEGRAIN BREAD



2026



WHOLEGRAIN BREAD

- 100% WHOLE WHEAT
- POWER SEED
- CINNAMON ROCKIN' RAISIN
- ELECTRIC GARLIC HERBS
- HONEY WALNUT CRANBERRY
- JAPANESE UBE LOAF



WHOLEGRAIN BREAD

100% WHOLE WHEAT



2026



VEGAN



HIGH
PROTEIN



WHOLE
GRAIN



ZERO
CHOLESTEROL

Nourish your body with the natural goodness of fiber and and protein packed into every slice.
Making our **WHOLEWHEAT** Wholegrain Bread the perfect choice from sandwich to french toast.

5g
PROTEIN

2g
FIBER

110
CALORIE

0g
CHOLESTEROL



Rp **45⁰⁰⁰**

BEST CONSUMED
WITHIN



Room temp
5 days



Chiller
7 days



Freezer
1 months
(Defrost before heat)

**NET WEIGHT 500 g****INFORMASI NILAI GIZI / NUTRITION INFORMATION**Takaran Saji / *Serving Size 42 g*12 Sajian per Kemasan / *Serving per Package***JUMLAH PER SAJIAN / AMOUNT PER SERVING**Energi Total / *Total Energy***110 kkal / kcal**Energi dari Lemak / *Energy from Fat***15 kkal / kcal****%AKG*/%DV*****Lemak Total / Total Fat****1.5 g****3%****Lemak Jenuh / Saturated Fat****0 g****0%****Protein / Protein****5 g****8%****Karbohidrat Total / Total Carbohydrate****19 g****6%**Serat Pangan / *Dietary Fiber***2 g****7%****Gula / Sugar****1 g****Garam (Natrium) / Salt (Sodium)****170 mg****11%**

*Persen AKG berdasarkan kebutuhan energi 2150 kkal. Kebutuhan energi anda mungkin lebih tinggi atau lebih rendah.

*Percent Daily Value is based on 2,150 kcal diet. Your Daily Values may be higher or lower.

INGREDIENTS:

Whole wheat flour, wheat gluten, water, cane sugar canola oil, wheat gluten, contains 2% or less of each of the following: molasses, yeast, sea salt, vinegar, enzyme, vitamin C.

NET WEIGHT 500 g**INFORMASI NILAI GIZI / NUTRITION INFORMATION**Takaran Saji / *Serving Size 42 g*12 Sajian per Kemasan / *Serving per Package***JUMLAH PER SAJIAN / AMOUNT PER SERVING**Energi Total / *Total Energy***110 kkal / kcal**Energi dari Lemak / *Energy from Fat***15 kkal / kcal****%AKG*/%DV*****Lemak Total / Total Fat****1.5 g****3%****Lemak Jenuh / Saturated Fat****0 mg****0%****Protein / Protein****5 g****8%****Karbohidrat Total / Total Carbohydrate****19 g****6%**Serat Pangan / *Dietary Fiber***2 g****7%****Gula / Sugar****1 g****Garam (Natrium) / Salt (Sodium)****170 mg****11%**

*Persen AKG berdasarkan kebutuhan energi 2150 kkal. Kebutuhan energi anda mungkin lebih tinggi atau lebih rendah.

*Percent Daily Value is based on 2,150 kcal diet. Your Daily Values may be higher or lower.

INGREDIENTS:

Whole wheat flour, wheat gluten, water, cane sugar canola oil, wheat gluten, contains 2% or less of each of the following: molasses, yeast, sea salt, vinegar, enzyme, vitamin C.

WHOLEGRAIN BREAD

POWER SEED



2026



VEGAN



HIGH
PROTEIN



WHOLE
GRAIN



ZERO
CHOLESTEROL

Experience pure delight with our **POWERSEED Wholegrain Bread**. Every slice is a symphony of flavors, combining robust whole wheat with 5 grains for a wholesome. Nutty taste that will leave you craving more. Fuel your body and nourish your soul with our nutrient-packed, fiber-rich bread, crafted with passion and care.

6g
PROTEIN

3g
FIBER

130
CALORIE

0g
CHOLESTEROL



Rp **55 000**

**BEST CONSUMED
WITHIN**



Room temp
5 days



Chiller
7 days



Freezer
1 months
(Defrost before heat)

**NET WEIGHT 550 g****INFORMASI NILAI GIZI / NUTRITION INFORMATION**Takaran Saji / *Serving Size 45 g*12 Sajian per Kemasan / *Serving per Package***JUMLAH PER SAJIAN / AMOUNT PER SERVING****Energi Total / Total Energy****130 kkal / kcal****%AKG*/%DV*****Lemak Total / Total Fat****3.5 g****5%****Kolesterol / Cholesterol****0 mg****Lemak Jenuh / Saturated Fat****0 g****0%****Protein / Protein****6 g****11%****Karbohidrat Total / Total Carbohydrate****22 g****6%****Serat Pangan / Dietary Fiber****3 g****13%****Gula / Sugar****1 g****Garam (Natrium) / Salt (Sodium)****210 mg****14%**

*Persen AKG berdasarkan kebutuhan energi 2150 kkal. Kebutuhan energi anda mungkin lebih tinggi atau lebih rendah.

*Percent Daily Value is based on 2,150 kcal diet. Your Daily Values may be higher or lower.

INGREDIENTS:

Whole wheat flour, water, strong grain and seed mix (flax seeds, sunflower seeds, sunflower seeds, rolled oat, black sesame seeds, white sesame seeds, pumpkin seed), cane sugar, canola oil, wheat gluten, contains 2% or less of each of the following: molasses, yeast, sea salt, vinegar, enzyme, vitamin C.

NET WEIGHT 550 g**INFORMASI NILAI GIZI / NUTRITION INFORMATION**Takaran Saji / *Serving Size 45 g*12 Sajian per Kemasan / *Serving per Package***JUMLAH PER SAJIAN / AMOUNT PER SERVING****Energi Total / Total Energy****130 kkal / kcal****%AKG*/%DV*****Lemak Total / Total Fat****3.5 g****5%****Kolesterol / Cholesterol****0 mg****Lemak Jenuh / Saturated Fat****0 g****0%****Protein / Protein****6 g****11%****Karbohidrat Total / Total Carbohydrate****22 g****6%****Serat Pangan / Dietary Fiber****3 g****13%****Gula / Sugar****1 g****Garam (Natrium) / Salt (Sodium)****210 mg****14%**

*Persen AKG berdasarkan kebutuhan energi 2150 kkal. Kebutuhan energi anda mungkin lebih tinggi atau lebih rendah.

*Percent Daily Value is based on 2,150 kcal diet. Your Daily Values may be higher or lower.

INGREDIENTS:

Whole wheat flour, water, strong grain and seed mix (flax seeds, sunflower seeds, sunflower seeds, rolled oat, black sesame seeds, white sesame seeds, pumpkin seed), cane sugar, canola oil, wheat gluten, contains 2% or less of each of the following: molasses, yeast, sea salt, vinegar, enzyme, vitamin C.

WHOLEGRAIN BREAD

CINNAMON ROCKIN' RAISIN



2026



VEGAN



HIGH
PROTEIN



WHOLE
GRAIN



ZERO
CHOLESTEROL

Indulge in the irresistible allure of our **CINNAMON ROCK'IN RAISIN Wholegrain Bread**. A tantalizing blend of warm spices and plump, juicy raisins. Each slice is a delectable treat, infused with the perfect balance of cinnamon spice and natural sweetness. Creating a symphony of flavors for perfect breakfast or anytime snack.

6g
PROTEIN

3g
FIBER

130
CALORIE

0g
CHOLESTEROL



Rp **60⁰⁰⁰**

BEST CONSUMED
WITHIN



Room temp
5 days



Chiller
7 days



Freezer
1 months
(Defrost before heat)

**NET WEIGHT 550 g****INFORMASI NILAI GIZI / NUTRITION INFORMATION**Takaran Saji / *Serving Size 45 g*12 Sajian per Kemasan / *Serving per Package***JUMLAH PER SAJIAN / AMOUNT PER SERVING**Energi Total / *Total Energy***130 kkal / kcal****%AKG*/%DV*****Lemak Total / Total Fat****1.5 g****2%****Kolesterol / Cholesterol****0 mg****Lemak Jenuh / Saturated Fat****0 g****0%****Protein / Protein****6 g****11%****Karbohidrat Total / Total Carbohydrate****24 g****7%****Serat Pangan / Dietary Fiber****3 g****12%****Gula / Sugar****4 g****Garam (Natrium) / Salt (Sodium)****260 mg****17%**

*Persen AKG berdasarkan kebutuhan energi 2150 kkal. Kebutuhan energi anda mungkin lebih tinggi atau lebih rendah.

*Percent Daily Value is based on 2,150 kcal diet. Your Daily Values may be higher or lower.

INGREDIENTS:

Whole wheat flour, raisin, wheat gluten, rockin grain and seed mix (flax seeds, sunflower seeds, rolled oat, black sesame seeds, white sesame seeds, pumpkin seed), strong cinnamon chunk, water, cane sugar, canola oil, wheat gluten, contains 2% or less of each of the following: molasses, yeast, sea salt, vinegar, enzyme, vitamin C.

NET WEIGHT 550 g**INFORMASI NILAI GIZI / NUTRITION INFORMATION**Takaran Saji / *Serving Size 45 g*12 Sajian per Kemasan / *Serving per Package***JUMLAH PER SAJIAN / AMOUNT PER SERVING**Energi Total / *Total Energy***130 kkal / kcal**

*Persen AKG berdasarkan kebutuhan energi 2150 kkal. Kebutuhan energi anda mungkin lebih tinggi atau lebih rendah.

*Percent Daily Value is based on 2,150 kcal diet. Your Daily Values may be higher or lower.

INGREDIENTS:

Whole wheat flour, raisin, wheat gluten, rockin grain and seed mix (flax seeds, sunflower seeds, rolled oat, black sesame seeds, white sesame seeds, pumpkin seed), strong cinnamon chunk, water, cane sugar, canola oil, wheat gluten, contains 2% or less of each of the following: molasses, yeast, sea salt, vinegar, enzyme, vitamin C.

WHOLEGRAIN BREAD

ELECTRIC GARLIC HERBS



2026



VEGAN



HIGH PROTEIN



WHOLE GRAIN



ZERO CHOLESTEROL

Looking for something aromatic? Made with 100% whole wheat, this aromatic loaf blends the bold falavors of garlic, sesame seeds, rosemary, and onion for a truly indulgent experience. Perfectly wholesome and irresistably flavorful-your toast game just leveled up!



4g PROTEIN	1g FIBER	180 CALORIE	0g CHOLESTEROL
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Rp **60⁰⁰⁰**

BEST CONSUMED WITHIN



Room temp
5 days



Chiller
7 days



Freezer
1 months
(Defrost before heat)

**Morning
Made Strong**
**Flavors
Made Bold**

**NET WEIGHT 600 g****INFORMASI NILAI GIZI / NUTRITION INFORMATION**Takaran Saji / *Serving Size 50 g*12 Sajian per Kemasan / *Serving per Package***JUMLAH PER SAJIAN / AMOUNT PER SERVING****Energi Total / Total Energy** **180 kkal / kcal**

		%AKG*/%DV*
Lemak Total / Total Fat	3 g	4%
Kolesterol / Cholesterol	0 mg	
Lemak Jenuh / Saturated Fat	0 g	0%
Protein / Protein	4 g	7%
Karbohidrat Total / Total Carbohydrate	34 g	10%
Serat Pangan / Dietary Fiber	1 g	4%
Gula / Sugar	2 g	
Garam (Natrium) / Salt (Sodium)	0 mg	0%

*Persen AKG berdasarkan kebutuhan energi 2150 kkal. Kebutuhan energi anda mungkin lebih tinggi atau lebih rendah.

*Percent Daily Value is based on 2,150 kcal diet. Your Daily Values may be higher or lower.

INGREDIENTS:

Whole wheat flour, water, garlic, onion, herbs, cane sugar, canola oil, wheat gluten, contains 2% or less of each of the following: molasses, yeast, sea salt, vinegar, enzyme, vitamin C.

WHOLEGRAIN BREAD

HONEY WALNUT CRANBERRY



2026



HIGH
PROTEIN



WHOLE
GRAIN



ZERO
CHOLESTEROL

Pretty, bold, and irresistibly flavorful!
Our **Honey Walnut Cranberry** loaf, made with 100% whole wheat, combines the natural sweetness of honey and cranberries with the perfect crunch of walnuts. Whether you snack on it as is or turn it into a decadent French toast, ready to slay your day!

4g
PROTEIN

1g
FIBER

180
CALORIE

0g
CHOLESTEROL



Rp **80⁰⁰⁰**

BEST CONSUMED
WITHIN



Room temp
4 days



Chiller
7 days



Freezer
1 months
(Defrost before heat)

**Morning
Made Strong**
**Flavors
Made Bold**

**NET WEIGHT 600 g****INFORMASI NILAI GIZI / NUTRITION INFORMATION**Takaran Saji / *Serving Size 50 g*12 Sajian per Kemasan / *Serving per Package***JUMLAH PER SAJIAN / AMOUNT PER SERVING****Energi Total / Total Energy****180 kkal / kcal****%AKG*/%DV*****Lemak Total / Total Fat****4.5 g****7%****Kolesterol / Cholesterol****0 mg****Lemak Jenuh / Saturated Fat****0 g****0%****Protein / Protein****4 g****7%****Karbohidrat Total / Total Carbohydrate****30 g****9%****Serat Pangan / Dietary Fiber****1 g****3%****Gula / Sugar****2 g****Garam (Natrium) / Salt (Sodium)****0 mg****0%**

*Persen AKG berdasarkan kebutuhan energi 2150 kkal. Kebutuhan energi anda mungkin lebih tinggi atau lebih rendah.

*Percent Daily Value is based on 2,150 kcal diet. Your Daily Values may be higher or lower.

INGREDIENTS:

Whole wheat flour, water, cranberry, walnut, oat, honey, cane sugar, canola oil, wheat gluten, contains 2% or less of each of the following: molasses, yeast, sea salt, vinegar, enzyme, vitamin C.



JAPANESE UBE LOAF



Made with authentic Murasaki Japanese ube, this bread carries a naturally vibrant color and unmistakable fragrance that fills the room before your first bite. Its texture is pillowy with a gentle moisture, where the smoothness of ube weaves into the dough to create a melt-in-your-mouth experience. Even blindfolded, you'll know this is ube in its finest form. A fragrant, tender bite that lingers just right.

4g	1g	150	0g
PROTEIN	FIBER	CALORIE	CHOLESTEROL





2026

NET WEIGHT 300 g



6
slices

INFORMASI NILAI GIZI / *NUTRITION INFORMATION*

Takaran Saji / *Serving Size* 50 g

6 Sajian per Kemasan / *Serving per Package*

JUMLAH PER SAJIAN / *AMOUNT PER SERVING*

Energi Total / *Total Energy* 150 kkal / *kcal*

		%AKG*/%DV*
Lemak Total / <i>Total Fat</i>	1.5 g	2%
Kolesterol / <i>Cholesterol</i>	0 mg	
Lemak Jenuh / <i>Saturated Fat</i>	0 g	0%
Protein / <i>Protein</i>	4 g	6%
Karbohidrat Total / <i>Total Carbohydrate</i>	32 g	12%
Serat Pangan / <i>Dietary Fiber</i>	1 g	5%
Gula / <i>Sugar</i>	5 g	
Garam (Natrium) / <i>Salt (Sodium)</i>	25 mg	2%

*Persen AKG berdasarkan kebutuhan energi 2150 kkal. Kebutuhan energi anda mungkin lebih tinggi atau lebih rendah.

*Percent Daily Value is based on 2,150 kcal diet. Your Daily Values may be higher or lower.

INGREDIENTS:

Whole wheat flour, white flour, yeast, canola oil, purple sweet potato, sea salt, cane sugar.



BUNS

- CHOCOBOLD BUNS *in collabotation with MELTS*
- 100% WHOLE WHEAT BURGER BUNS
- POWER SEED BURGER BUNS



HEALTHY
has never been
this **BOLD!**



BURGER BUNS



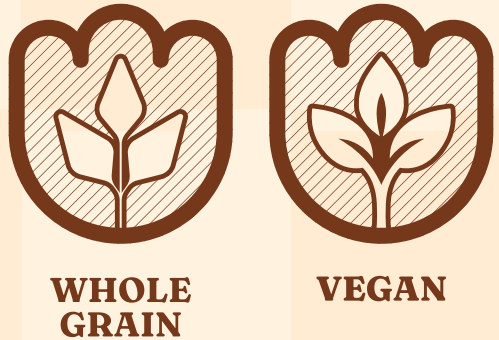
2026

100% wholegrain

CHOCO BOLD BUNS



STRONGHOLD x melts
BAKERY Indonesia



Crafted with 100% whole wheat bread, our buns are soft, chewy, and packed with nutrients to fuel your day. Inside, you'll find a rich and velvety chocolate spread from **Melts** that's not only irresistibly delicious but also vegan and guilt-free. Made with high quality, plant based ingredients, this chocolate spread is a healthier alternative without compromising on flavor.

6g Protein	3g Fiber	240 Calorie	0g Cholesterol
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Rp 45 000

BEST CONSUMED WITHIN



Room temp
2-3 days



Chiller
5 days



Freezer
2 weeks
(Defrost before heat)



2026

NET WEIGHT: 325 g

INFORMASI NILAI GIZI / *Nutrition Information*

Takaran Saji / *Serving Size* 65 g
5 Sajian per Kemasan / *Serving per Package*

JUMLAH PER SAJIAN / *AMOUNT PER SERVING*

Energi Total / <i>Total Energy</i>	240 kkal / kcal	
	%AKG*/%DV*	
Lemak Total / <i>Total Fat</i>	8 g	12%
Kolesterol / <i>Cholesterol</i>	0 mg	
Lemak Jenuh / <i>Saturated Fat</i>	0.5 g	3%
Protein / <i>Protein</i>	6 g	10%
Karbohidrat Total / <i>Total Carbohydrate</i>	50 g	17%
Serat Pangan / <i>Dietary Fiber</i>	3 g	9%
Gula / <i>Sugar</i>	4 g	
Garam (Natrium) / <i>Salt (Sodium)</i>	0 mg	0%

*Persen AKG berdasarkan kebutuhan energi 2150 kkal. Kebutuhan energi anda mungkin lebih tinggi atau lebih rendah.
*Percent Daily Value is based on 2,150 kcal diet. Your Daily Values may be higher or lower.

INGREDIENTS:

Whole wheat flour, water, cocoa, Melts almost dark chocolate spread, cane sugar, canola oil, wheat gluten, contains 2% or less of each of the following: molasses, yeast, sea salt, vinegar, enzyme, vitamin C.



100%
WHOLE
WHEAT
BURGER
BUNS



VEGAN



HIGH
PROTEIN



WHOLE
GRAIN



ZERO
CHOLESTEROL

These buns are soft, satisfying, and made from real, wholesome ingredients. With a rich source of plant-based protein and fiber, they're built to fuel your day while keeping things clean and nutritious. Their versatile flavor and hearty texture make them perfect not just for burgers, but also for a simple spread of jam or your favorite sandwich creations.

8g
PROTEIN

2g
FIBER

260
CALORIE

0g
CHOLESTEROL

Rp 40⁰⁰⁰

BEST CONSUMED
WITHIN



Room temp
5 days



Chiller
7 days



Freezer
1 months
(Defrost before heat)

**NET WEIGHT 400 g****INFORMASI NILAI GIZI / NUTRITION INFORMATION**

Takaran Saji / Serving Size 100 g

4 Sajian per Kemasan / Serving per Package

JUMLAH PER SAJIAN / AMOUNT PER SERVING

Energi Total / Total Energy

260 kkal / kcal

%AKG*/%DV*

Lemak Total / Total Fat

4 g

14%

Kolesterol / Cholesterol

0 mg

Lemak Jenuh / Saturated Fat

1 g

4%

Protein / Protein

8 g

13%

Karbohidrat Total / Total Carbohydrate

52 g

21%

Serat Pangan / Dietary Fiber

2 g

7%

Gula / Sugar

4 g

Garam (Natrium) / Salt (Sodium)

0 mg

0%

*Persen AKG berdasarkan kebutuhan energi 2150 kkal. Kebutuhan energi anda mungkin lebih tinggi atau lebih rendah.

*Percent Daily Value is based on 2,150 kcal diet. Your Daily Values may be higher or lower.

INGREDIENTS:

Whole wheat flour, wheat gluten, canola oil, sea salt, cane sugar.

BURGER BUNS

POWER SEED BURGER BUNS



2026



VEGAN



HIGH
PROTEIN



WHOLE
GRAIN



ZERO
CHOLESTEROL

Made with 100% whole wheat and topped with five kinds of nutrient-rich seeds, these buns bring a satosfying crunch and an extra boost of plant-based protein in every bite. Crafted for those who want more from their meals, Power Seed is soft on the inside, hearty on the outside, and packed with real ingredients that work as hard as you do. Whether stacked high with your favorite burger or spread with something sweet, it's a bold and wholesome base for everyday fuel.

9g
PROTEIN

3g
FIBER

290
CALORIE

0g
CHOLESTEROL

Rp **45⁰⁰⁰**

BEST CONSUMED
WITHIN



Room temp
5 days



Chiller
7 days



Freezer
1 months
(Defrost before heat)

**NET WEIGHT 420 g****INFORMASI NILAI GIZI / NUTRITION INFORMATION**Takaran Saji / *Serving Size 105 g*4 Sajian per Kemasan / *Serving per Package***JUMLAH PER SAJIAN / AMOUNT PER SERVING****Energi Total / Total Energy****290 kkal / kcal****%AKG*/%DV*****Lemak Total / Total Fat****5 g****16%****Kolesterol / Cholesterol****0 mg****Lemak Jenuh / Saturated Fat****1 g****6%****Protein / Protein****9 g****16%****Karbohidrat Total / Total Carbohydrate****52 g****22%****Serat Pangan / Dietary Fiber****3 g****11%****Gula / Sugar****4 g****Garam (Natrium) / Salt (Sodium)****0 mg****0%**

*Persen AKG berdasarkan kebutuhan energi 2150 kkal. Kebutuhan energi anda mungkin lebih tinggi atau lebih rendah.

*Percent Daily Value is based on 2,150 kcal diet. Your Daily Values may be higher or lower.

INGREDIENTS:

Whole wheat flour, wheat gluten, canola oil, sea salt, cane sugar, white sesame seeds, black sesame seeds, flax seeds, pumpkin seeds, rolled oat, sunflower seeds.

**NET WEIGHT 420 g****INFORMASI NILAI GIZI / NUTRITION INFORMATION**Takaran Saji / *Serving Size 105 g*
4 Sajian per Kemasan / *Serving per Package***JUMLAH PER SAJIAN / AMOUNT PER SERVING****Energi Total / Total Energy****290 kkal / kcal****%AKG*/%DV*****Lemak Total / Total Fat****5 g****16%****Kolesterol / Cholesterol****0 mg****6%****Lemak Jenuh / Saturated Fat****1 g****16%****Protein / Protein****9 g****22%****Karbohidrat Total / Total Carbohydrate****52 g****11%****Serat Pangan / Dietary Fiber****3 g****11%****Gula / Sugar****4 g****0%****Garam (Natrium) / Salt (Sodium)****0 mg****%AKG*/%DV*****Lemak Total / Total Fat****5 g****16%****Kolesterol / Cholesterol****0 mg****6%****Lemak Jenuh / Saturated Fat****1 g****16%****Protein / Protein****9 g****22%****Karbohidrat Total / Total Carbohydrate****52 g****11%****Serat Pangan / Dietary Fiber****3 g****11%****Gula / Sugar****4 g****0%****Garam (Natrium) / Salt (Sodium)****0 mg****%AKG*/%DV*****Lemak Total / Total Fat****5 g****16%****Kolesterol / Cholesterol****0 mg****6%****Lemak Jenuh / Saturated Fat****1 g****16%****Protein / Protein****9 g****22%****Karbohidrat Total / Total Carbohydrate****52 g****11%****Serat Pangan / Dietary Fiber****3 g****11%****Gula / Sugar****4 g****0%****Garam (Natrium) / Salt (Sodium)****0 mg****%AKG*/%DV*****Lemak Total / Total Fat****5 g****16%****Kolesterol / Cholesterol****0 mg****6%****Lemak Jenuh / Saturated Fat****1 g****16%****Protein / Protein****9 g****22%****Karbohidrat Total / Total Carbohydrate****52 g****11%****Serat Pangan / Dietary Fiber****3 g****11%****Gula / Sugar****4 g****0%****Garam (Natrium) / Salt (Sodium)****0 mg****%AKG*/%DV*****Lemak Total / Total Fat****5 g****16%****Kolesterol / Cholesterol****0 mg****6%****Lemak Jenuh / Saturated Fat****1 g****16%****Protein / Protein****9 g****22%****Karbohidrat Total / Total Carbohydrate****52 g****11%****Serat Pangan / Dietary Fiber****3 g****11%****Gula / Sugar****4 g****0%****Garam (Natrium) / Salt (Sodium)****0 mg****%AKG*/%DV*****Lemak Total / Total Fat****5 g****16%****Kolesterol / Cholesterol****0 mg****6%****Lemak Jenuh / Saturated Fat****1 g****16%****Protein / Protein****9 g****22%****Karbohidrat Total / Total Carbohydrate****52 g****11%****Serat Pangan / Dietary Fiber****3 g****11%****Gula / Sugar****4 g****0%****Garam (Natrium) / Salt (Sodium)****0 mg****%AKG*/%DV*****Lemak Total / Total Fat****5 g****16%****Kolesterol / Cholesterol****0 mg****6%****Lemak Jenuh / Saturated Fat****1 g****16%****Protein / Protein****9 g****22%****Karbohidrat Total / Total Carbohydrate****52 g****11%****Serat Pangan / Dietary Fiber****3 g****11%****Gula / Sugar****4 g****0%****Garam (Natrium) / Salt (Sodium)****0 mg****%AKG*/%DV*****Lemak Total / Total Fat****5 g****16%****Kolesterol / Cholesterol****0 mg****6%****Lemak Jenuh / Saturated Fat****1 g****16%****Protein / Protein****9 g****22%****Karbohidrat Total / Total Carbohydrate****52 g****11%****Serat Pangan / Dietary Fiber****3 g****11%****Gula / Sugar****4 g****0%****Garam (Natrium) / Salt (Sodium)****0 mg****%AKG*/%DV*****Lemak Total / Total Fat****5 g****16%****Kolesterol / Cholesterol****0 mg****6%****Lemak Jenuh / Saturated Fat****1 g****16%****Protein / Protein****9 g****22%****Karbohidrat Total / Total Carbohydrate****52 g****11%****Serat Pangan / Dietary Fiber****3 g****11%****Gula / Sugar****4 g****0%****Garam (Natrium) / Salt (Sodium)****0 mg****%AKG*/%DV*****Lemak Total / Total Fat****5 g****16%****Kolesterol / Cholesterol****0 mg****6%****Lemak Jenuh / Saturated Fat****1 g****16%****Protein / Protein****9 g****22%****Karbohidrat Total / Total Carbohydrate****52 g****11%****Serat Pangan / Dietary Fiber****3 g****11%****Gula / Sugar****4 g****0%****Garam (Natrium) / Salt (Sodium)****0 mg****%AKG*/%DV*****Lemak Total / Total Fat****5 g****16%****Kolesterol / Cholesterol****0 mg****6%****Lemak Jenuh / Saturated Fat****1 g****16%****Protein / Protein****9 g****22%****Karbohidrat Total / Total Carbohydrate****52 g****11%****Serat Pangan / Dietary Fiber****3 g****11%****Gula / Sugar****4 g****0%****Garam (Natrium) / Salt (Sodium)****0 mg****%AKG*/%DV*****Lemak Total / Total Fat****5 g****16%****Kolesterol / Cholesterol****0 mg****6%****Lemak Jenuh / Saturated Fat****1 g****16%****Protein / Protein****9 g****22%****Karbohidrat Total / Total Carbohydrate**



Sourdough **BAGELS**

- # PLAIN Bagel
- # EVERYTHING Bagel
- # JALAPENO & CHEESE Bagel
- # MATCHA RED BEAN Bagel
- # BLUEBERRY Bagel



Lovingly handcrafted and rise through
sourdough fermentation, our bagels taste
even softer and chewier on the inside, but
outside they stand in delightful contrast to the
heavy character of traditional New York
bagels with natural sourdough culture and honest,
each bagel skips the preservatives but
goodness is easier to digest, gently
and help stabilize blood sugar levels.
good things take time. We know the difference.
Every flavor is crafted to be simple, satisfying
packed with character.



Sourdough
BAGELS





TORTILLAS

- LOW CALORIE WHITE TORTILLAS
- WHOLE WHEAT TORTILLAS



TORTILLAS

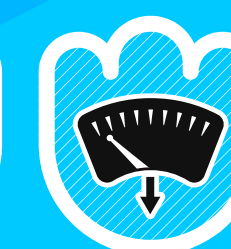
LOW CALORIE SOFT TORTILLAS



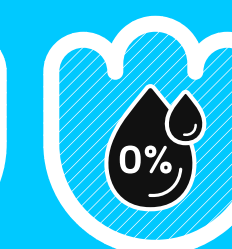
2026



VEGAN



LOW
CALORIE



ZERO
CHOLESTEROL



Pack of 8 Super Soft Tortillas
EXCELLENCE SOURCE
OF DIETARY FIBER

TORTILLAS

LOW CALORIE
SOFT TORTILLAS
20 CM



2026

NET WEIGHT 240 g

INFORMASI NILAI GIZI / NUTRITION INFORMATION

Takaran Saji / Serving Size 30 g
8 Sajian per Kemasan / Serving per Package

JUMLAH PER SAJIAN / AMOUNT PER SERVING

Energi Total / Total Energy 80 kkal / kcal

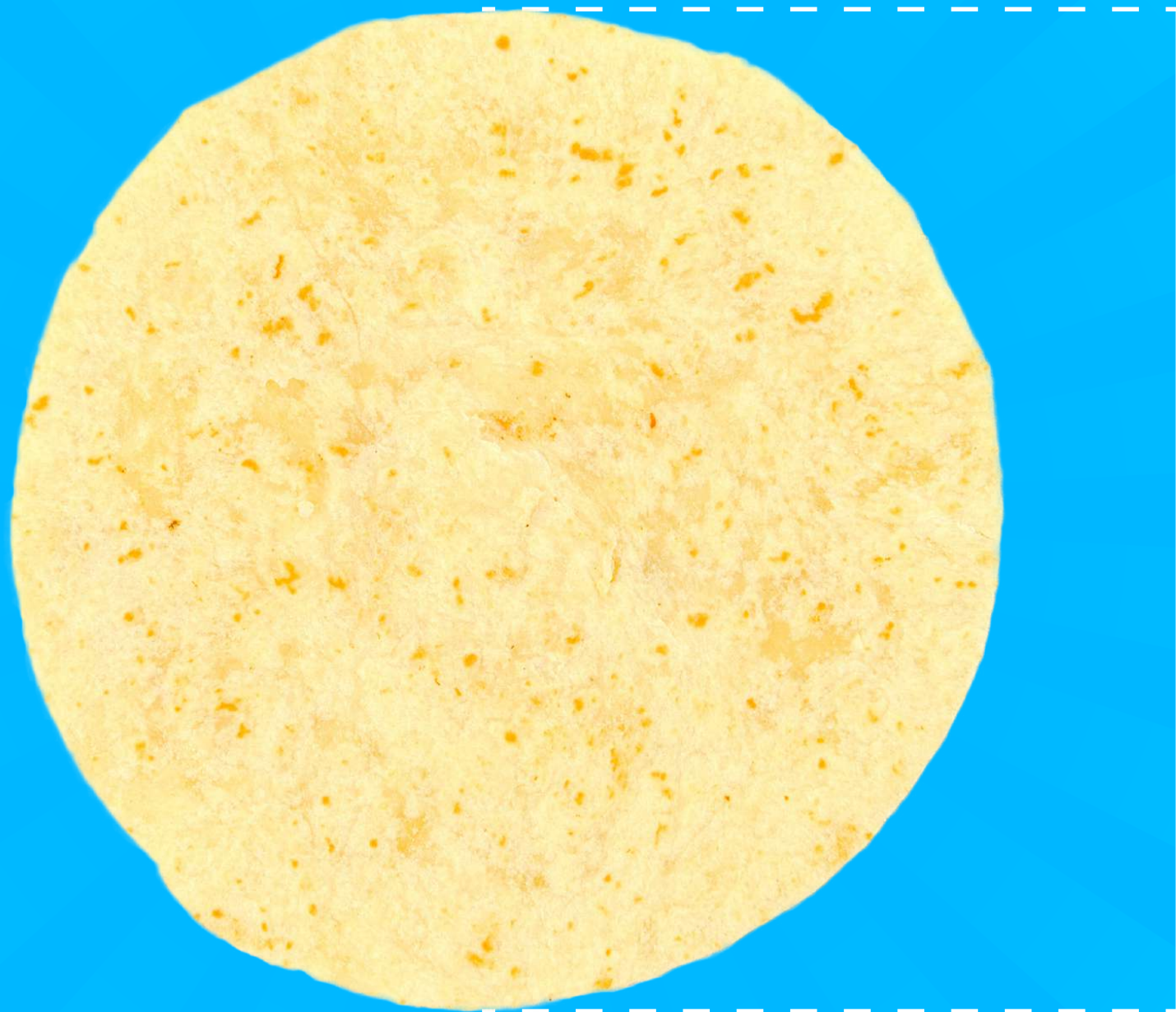
	%AKG*/%DV*	
Lemak Total / Total Fat	1 g	1%
Kolesterol / Cholesterol	0 mg	
Lemak Jenuh / Saturated Fat	0 g	0%
Protein / Protein	3 g	4%
Karbohidrat Total / Total Carbohydrate	15 g	5%
Serat Pangan / Dietary Fiber	0 g	0%
Gula / Sugar	0 g	
Garam (Natrium) / Salt (Sodium)	0 mg	0%

*Persen AKG berdasarkan kebutuhan energi 2150 kkal. Kebutuhan energi anda mungkin lebih tinggi atau lebih rendah.

*Percent Daily Value is based on 2,150 kcal diet. Your Daily Values may be higher or lower.

INGREDIENTS:

White flour, salt, sugar, baking powder, canola oil.



20 CM

TORTILLAS

LOW CALORIE
SOFT TORTILLAS
25 CM



25 CM



LOW CALORIE! LOW CALORIE!
LOW CALORIE! LOW CALORIE!
Rp **60⁰⁰⁰**

2026

NET WEIGHT 480 g

INFORMASI NILAI GIZI / NUTRITION INFORMATION

Takaran Saji / Serving Size 60 g
8 Sajian per Kemasan / Serving per Package

JUMLAH PER SAJIAN / AMOUNT PER SERVING

Energi Total / Total Energy 160 kkal / kcal

		%AKG*/%DV*
Lemak Total / Total Fat	2 g	3%
Kolesterol / Cholesterol	0 mg	
Lemak Jenuh / Saturated Fat	0 g	0%
Protein / Protein	5 g	9%
Karbohidrat Total / Total Carbohydrate	31 g	10%
Serat Pangan / Dietary Fiber	0 g	0%
Gula / Sugar	0 g	
Garam (Natrium) / Salt (Sodium)	0 mg	0%

*Persen AKG berdasarkan kebutuhan energi 2150 kkal. Kebutuhan energi anda mungkin lebih tinggi atau lebih rendah.

*Percent Daily Value is based on 2,150 kcal diet. Your Daily Values may be higher or lower.

INGREDIENTS:

White flour, salt, sugar, baking powder, canola oil.

TORTILLAS

WHOLE WHEAT TORTILLAS



2026



VEGAN



HIGH
PROTEIN



WHOLE
GRAIN



Pack of 8 Super Soft Tortillas
EXCELLENCE SOURCE
OF DIETARY FIBER

TORTILLAS

WHOLE WHEAT
TORTILLAS
20 CM



20 CM



LOW CALORIE! LOW CALORIE!
LOW CALORIE! LOW CALORIE!
Rp **40⁰⁰⁰**

2026

NET WEIGHT 320 g

INFORMASI NILAI GIZI / NUTRITION INFORMATION

Takaran Saji / Serving Size 40 g
8 Sajian per Kemasan / Serving per Package

JUMLAH PER SAJIAN / AMOUNT PER SERVING

Energi Total / Total Energy 130 kkal / kcal

		%AKG*/%DV*
Lemak Total / Total Fat	3 g	4%
Kolesterol / Cholesterol	0 mg	
Lemak Jenuh / Saturated Fat	0 g	0%
Protein / Protein	4 g	6%
Karbohidrat Total / Total Carbohydrate	22 g	7%
Serat Pangan / Dietary Fiber	0 g	0%
Gula / Sugar	1 g	
Garam (Natrium) / Salt (Sodium)	0 mg	0%

*Persen AKG berdasarkan kebutuhan energi 2150 kkal. Kebutuhan energi anda mungkin lebih tinggi atau lebih rendah.
*Percent Daily Value is based on 2,150 kcal diet. Your Daily Values may be higher or lower.

INGREDIENTS:

White flour, salt, sugar, baking powder, canola oil.

TORTILLAS

WHOLE WHEAT
TORTILLAS
25 CM



25 CM



LOW CALORIE! LOW CALORIE!
LOW CALORIE! LOW CALORIE!
Rp **65⁰⁰⁰**

2026

NET WEIGHT 640 g

INFORMASI NILAI GIZI / NUTRITION INFORMATION

Takaran Saji / Serving Size 80 g
8 Sajian per Kemasan / Serving per Package

JUMLAH PER SAJIAN / AMOUNT PER SERVING

Energi Total / Total Energy 260 kkal / kcal

	%AKG* / %DV*	
Lemak Total / Total Fat	6 g	9%
Kolesterol / Cholesterol	0 mg	
Lemak Jenuh / Saturated Fat	0 g	0%
Protein / Protein	7 g	12%
Karbohidrat Total / Total Carbohydrate	44 g	13%
Serat Pangan / Dietary Fiber	0 g	0%
Gula / Sugar	2 g	
Garam (Natrium) / Salt (Sodium)	0 mg	0%

*Persen AKG berdasarkan kebutuhan energi 2150 kkal. Kebutuhan energi anda mungkin lebih tinggi atau lebih rendah.
*Percent Daily Value is based on 2,150 kcal diet. Your Daily Values may be higher or lower.

INGREDIENTS:

White flour, salt, sugar, baking powder, canola oil.



At Stronghold Bakery, we’re dedicated to supporting your dietary needs with a focus on nutrition and quality. Our range includes 100% wholegrain options, low calorie, gluten-free delights, and handcrafted sourdough products all designed to bring you wholesome goodness without compromise.

Whether you’re looking for nutrient-packed choices or simply delicious baked goods, we’re here to make every bite count.

Here is our tasty icon system to help you identify dietary needs:

VEGAN	HIGH PROTEIN	WHOLE GRAIN	ZERO CHOLESTEROL
SOURDOUGH	DAIRY FREE	GLUTEN FREE	LOW CALORIE

most bread
is empty

Ours is full of
protein
fiber
purpose.

#1 ON CRAFTING
DELICIOUS BREAD
THAT THE WHOLE
FAMILY CAN ENJOY

find us on:



0819-3433-4300



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